

February 2012

HCHL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
<p>Vivian - Triangle</p> <ul style="list-style-type: none"> 5:30 PM Yoga 1 w/Vivian- 60 min. 6:30 PM Yoga 2 w/Vivian - 90 min. 	<p>Sonja - Rosa</p> <ul style="list-style-type: none"> 9:00 AM ZUMBA @ Triangle- La Sharn 7:00 PM Pilates 1 8:00 PM Pilates 2 - 60 min. 	<p>Acupunture ...2-222-3256</p> <p>Rosa Building</p> <ul style="list-style-type: none"> 9:00 AM Yoga w/Ashley: 60min 10:30 AM Total Body Conditioning w/Vivian - 60 min. 6:30 PM Total Body w/Susie Q - 60 	<p>Rosa Building</p> <ul style="list-style-type: none"> 6:30 PM La Sharn - Zumba @ Triangle 6:30 PM Open Yoga - Ralph- 60 min. 	<p>Rosa Building</p>	<p>Rosa</p> <ul style="list-style-type: none"> 9:30 AM Open Yoga w/Nick 12:00 PM Donation Pilates w/Sonja 	
5	6	7	8	9	10	11
<p>Vivian - Triangle</p> <ul style="list-style-type: none"> 5:30 PM Yoga 1 w/Vivian- 60 min. 6:30 PM Yoga 2 w/Vivian - 90 min. 	<p>Sonja - Rosa</p> <ul style="list-style-type: none"> 9:00 AM ZUMBA @ Triangle- La Sharn 7:00 PM Pilates 1 8:00 PM Pilates 2 - 60 min. 	<p>Acupunture ...2-222-3256</p> <p>Rosa Building</p> <ul style="list-style-type: none"> 9:30 AM Yoga w/Ashley: 60min 10:30 AM Total Body Conditioning w/Vivian - 60 min. 6:30 PM Total Body w/Susie Q - 60 	<p>Rosa Building</p> <ul style="list-style-type: none"> 6:30 PM La Sharn - Zumba @ Triangle 6:30 PM Open Yoga - Ralph- 60 min. 	<p>Rosa Building</p>	<p>Rosa</p> <ul style="list-style-type: none"> 9:30 AM Open Yoga w/Nick 12:00 PM Donation Pilates w/Sonja 	
12	13	14	15	16	17	18
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19	20	21	22	23	24	25
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26	27	28	29	1	2	3
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